

Parent & Child Activity Calendar

Early Childhood

First Step Pre-School



THE
PARENT
INSTITUTE®

Parent & Child Activity Calendar

Early Childhood
Parents
make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October		1 Remove three items from your purse or pocket. Show them to your child. Put them away. Can she name them?	2 Have a green day. Color a picture shades of green. Find foods to eat that are green. Look for the color green all day.	3 Drink a glass of apple cider with your child. Together, learn how cider is made.	4 Try to find a free county fair or autumn festival nearby. Make plans to attend one as a family this month.	5 Pile leaves on a small sheet. Have your child lift the sheet up quickly and then slowly. Watch how the leaves float.
6 Talk about where animals live. Which animals would your child expect to see in the jungle? How about on a farm?	7 Write a short word and have your child shape the letters with clay or play dough.	8 Give your child a small plant to take care of. Put him in charge of the watering schedule.	9 Make a time line of your child's day. Let your child illustrate it with drawings or magazine cutouts.	10 Practice making phone calls. Help your child call a friend or relative.	11 Have a movie night with your child. Talk about what was <i>real</i> and what was <i>pretend</i> in the movie.	12 Sew the bottoms of four zip-lock bags together. Insert cardboard into each to create a book. Fill with pictures.
13 Give your child a set of household objects and ask her to line them up from <i>smallest</i> to <i>largest</i> .	14 Tell your child a riddle. "I love to bark and wag my tail. What am I?" Ask him to make up a riddle for you.	15 Put small items in a jar. Ask your child to guess the number of items. Count them together.	16 Cut four shapes from various colors of paper. Make at least two of each shape. Have your child match them.	17 Glue a photo of a family member on a piece of paper. Have your child decorate around it.	18 Take your child outside for a "listening minute." Have her close her eyes and name the sounds she hears.	19 Help your child round up some friends and play a game together outside.
20 Make today a counting day. Count everything—stairs as you climb them, cars as they pass, grapes as you eat them.	21 Name something that makes a noise and ask your child to tell you if it's loud or soft.	22 Show your child photos of himself from a year ago. Talk about how much he has grown!	23 Ask your child to name an animal that has stripes. Then have her name one that has spots.	24 Turn on three different types of music today. With your child, make up movements for each one.	25 Have your child decorate a paper plate. Cut holes for your child's eyes and mouth to create a mask.	26 Visit the library to check out some books to read. Enjoy them together.
27 Set out different sizes of containers and lids. Ask your child to put the correct lid on each container.	28 Let your child draw on paper towels with washable markers. Spray the towels with water. Watch the colors blend!	29 Write a letter of the alphabet. Think of things that begin with that letter and have your child draw some of them.	30 Say a word and see if your child can tell you its opposite.	31 Remind your child to wash his hands before each meal. Talk about the importance of frequent handwashing.	2019	